

# TARA SCOTT, MD

## INTEGRATIVE GYNECOLOGIST

### Medical Career

#### MEDICAL DIRECTOR

*Integrative Medicine, Summa Health*

Hired in 2016 to develop, design and run an Integrative Medicine Department in a 5 hospital system

#### OBSTETRICS & GYNECOLOGY

- Over 20 years of practice in women's health, Specializing in women's hormones and menopause
- Clinical Associate Professor, OB/GYN, NEOMED

#### CHIEF MEDICAL OFFICER AND FOUNDER

*Revitalize Medical Group, 2013 to present*

- Started Akron's first Functional and Integrative Medicine practice
- Trained nurse practitioners and naturopathic doctors

### Bio

Dr Scott has been in front of an audience since she was the president of speech team in high school. This evolved into educating the community on hormone therapy, having taught doctors in five continents about an integrative approach. She lectures around the community to raise awareness about wellness and preventative health for patients.

Having watched people suffer for years with little relief after many visits to multiple healthcare providers, Dr. Scott knows how exhausting this can be. She has lived it as a patient and seen the benefit of finding answers to the core issues. Speaking helps her reach more people in less time, helping them conquer chronic health issues. Dr. Scott's humor and analogies make complex health concepts easy for the audience to understand and put into action in order to enjoy optimal health.

She is a mother of 3 college age children, enjoys running a half marathon in every state, traveling and being active outside.



### Credentials

- Board Certified in Obstetrics & Gynecology
- Board Certified and Advanced Fellow of American Academy of Anti-Aging and Regenerative Medicine
- Board Certified in Integrative Medicine
- Certified Menopause Practitioner

### Speaking Topics

- Building Resilience in Our Pressure Cooker Society
- A Holistic Approach to Anxiety
- Why Prevention is Better than a Cure
- An Integrative Approach to Cancer
- Why Diets Fail
- Is it ME or my hormones?

### Personal Profile

- Revitalizemed.com
- Facebook: @Revitalizemed
- Instagram: @Revitalizemed
- LinkedIn: tarascotthormoneguru
- YouTube: Tara Scott MD